

JB'S BRIGHT BUTTON ADVENTURES

Leo and the Video That Felt Wrong

STOP. PAUSE. TELL.

A read-together story for approximately ages 4 to 6





A rainy afternoon

Rain tapped on the window. Leo curled up on the sofa with Mum nearby and chose a funny puppy video. It made him laugh so much that he nearly dropped the cushion.

FOR GROWN-UPS

For younger children, start with a signed-in YouTube Kids profile. For a five-year-old like Leo, Google currently labels the Younger setting for ages 5 to 8. Choose for the child, not only the birthday, and watch new channels together.



The video changed

The next video started by itself. It was dark, noisy and much too intense. Leo's tummy squeezed tight. JB the leopard gecko padded over and raised one foot. If it feels wrong, you do not have to keep watching, he reminded Leo. Leo raised his hand, stopped the video and put the tablet down.

FOR GROWN-UPS

For tighter control, use Approved content only or turn Search off. Disable Autoplay so another video cannot begin automatically. Practise stopping while everyone is calm.



Leo tells Mum

Mum, that video felt wrong, Leo said quietly. Mum sat beside him and listened. Thank you for telling me. You are not in trouble, she said. Together they closed the video, reported it and checked the settings. JB gave a proud little nod.

FOR GROWN-UPS

Review watch history and recommendations together, then block or report unsuitable content. Keep your response calm so reporting feels safer than hiding.



The Bright Button practice

Later, Leo chose a silly penguin video they already knew. Then he showed Mum the three actions: stop the video, pause the screen and tell a grown-up. JB copied him, then froze halfway through an imaginary biscuit. Leo laughed. The internet could still be fun, and Leo knew what to do if something felt wrong.

FOR GROWN-UPS

Check televisions and shared devices open in the child's profile, not an unrestricted adult account. Use a parent code where available and review settings as the child grows.



YOUR BRIGHT BUTTON

REMEMBER

If a video feels wrong, stop it, pause the screen and tell a trusted grown-up. You will not be in trouble for asking for help.

TALK ABOUT IT

- What might your body feel when a video is not right for you?
- Which trusted grown-ups could you tell?

TRY IT TOGETHER

Practise pausing a video, putting the device down and finding a grown-up.

PARENT SETUP

- Use YouTube Kids for younger children and select the narrowest useful age setting.
- Consider Approved content only, turn Search off and disable Autoplay.
- Use the child profile on every device, review history and know how to block or report.

GROWN-UP GUIDE

bastionhost.co.uk/digi/video-that-felt-wrong

Read and discuss with your child. Parent guide reviewed 15 August 2026.